



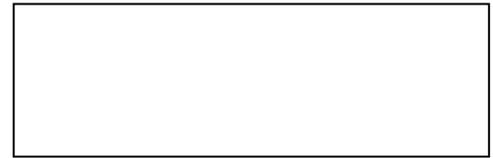
## ***Personal Belongings List Description***

### ***Clothing***

- Underwear/Briefs** (12) No lace or g-strings allowed.
- Bras** (5) No underwire, lace, bralettes, or strapless.
- Socks** (12 pairs) No higher than the ankle.
- Pants** (7 pairs) No tights, leggings, yoga, or stretch pants, no strings, must be less than 5% spandex (in jeans only). No torn pants. No jewels, sequins, or spikes. If pants are deemed to be too stretchy they will not be allowed.
- Shorts** (3 pairs) No strings, spandex, must be knee length.
- T-Shirts/Shirts** (10) No logo/decals that are suggestive of drug/alcohol use, sex, violence, skulls, gangs, cults or religious beliefs, sports teams, music groups, musicians, or anime. Shirts may not have spandex. No shirts with holes, midriff bearing crop tops, shoulder bearing (nothing with cut-outs) sleeveless, lace, or see through fabric. No sequins, oversize buttons, or jewels/spikes. No tank tops, spaghetti straps, or hoods. If shirts are deemed to be too stretchy they will not be allowed.
- Sweatshirts/Sweaters** (2) No strings or hoodies allowed.
- Pajamas** (2 tops 2 bottoms) No strings or booty shorts
- Footwear** (2) No shoe laces, flip flops, or open toed shoes. No boots, heels, Velcro fastened or platform shoes. Shower shoes may be one piece Crocs. Slippers are OK as long as they are not open toe.
- Jacket** (1) No strings or hoodies and seasonally appropriate.

### ***Personal Hygiene Items- NO PUMPS OR GLASS ALLOWED***

- Toothbrush & Toothpaste** (1 each) No electronic or battery operated allowed.
- Deodorant** (1)
- Body Wash/Lotion** (1 each) No bar soap allowed.
- Brush/Comb** (1 each) No rat tails allowed.
- Hair Products** (2) No alcohol based or aerosol cans. Wigs are not allowed.
- Hair Bands** (1 package) Patient may have 2 hair bands/ties in room at a time. Head bands (plastic OR cloth) are not allowed.
- Shampoo/Conditioner** (1 each)
- Feminine Hygiene** (1 box each) Tampons and pads ARE allowed.
- Makeup** (6 pieces ONLY) may have eyeliner, mascara, blush, eye shadow, foundation, and lip gloss ONLY. No brushes with metal and no mirrors are allowed. No glass containers allowed. Only Upper Levels are allowed to wear makeup OR lower levels with Safe and Skillful incentive ( MUST be done with therapist).
- Nails** Acrylic nails and press-on nails are NOT allowed. Nail polish is NOT allowed.



**-Piercings & Jewelry** Piercings of ANY kind are not allowed and must be removed upon or prior to admission. Jewelry and watches are not allowed.

***Miscellaneous***

**-Stuffed Animals** (3) No oversized ones. No beaded parts or stuffing, no buttons for eyes. Stuffed animals larger than approximately 10 inches tall are not allowed.

**-Books/Magazines** (5) Appropriate reading for a treatment center. Nothing sexual, focused on drugs/alcohol, nothing descriptive of eating disorders. NO anime or graphic comics. This includes coloring books and journals. Patients are allowed to have pictures from home however they are not allowed to have any pictures that are sexually suggestive, show revealing clothing, unsafe behaviors, or scenes with drug references. Pictures with boyfriends/girlfriends must be approved by therapists in order to ensure they are not treatment interfering.

**-Bedding** (1 blanket, 1 pillow, 1 pillowcase) No sheets allowed, we supply these. Nothing ripped, no tassels, or fringe (string). Blankets and pillows must not have zippers or stuffing that can be taken out.

**-Seasonal** (1 each) Hats and gloves are OK. Hats and gloves are ONLY allowed outside. NO strings. NO scarves.

**-Prescription Glasses & Sunglasses** Prescription glasses and sunglasses are allowed. Sunglasses are only allowed to be worn outside.

**-Laundry Detergent** (1 package each) Detergent and drier sheets are allowed.

**\*\*These items are subject to change and may be taken away based on safety concerns\*\***

New belongings may be mailed to the patients and/or brought to the facility. New items must be checked in by Unit Coordinators to ensure that patients have correct allowable amount of belongings. If the patient is over the allowable limit parents may trade out items and take them home. WSC will mail home items that are not allowed if the parents are not able to pick them up. Patients are not allowed to lend or borrow items from each other on the unit. Donations are available for patients who may need them with permission from parents and their individual therapist. WSC will provide bedding and hygiene products to any patient who may need them. Electronics, radios, razors, and phones are not allowed. WSC will provide cards, art supplies, and school supplies.

I have read and agree to the above Personal Belonging Policies:

\_\_\_\_\_  
Parent/Guardian signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Patient signature

\_\_\_\_\_  
Date