

### APPROVED CLOTHING AMENITIES INVENTORY

Number Allowed

### Clothing Item

- (7) Underwear / Briefs No lace, cheeky/booty cut, or g-string/thongs allowed.
- (7) Bras No underwire, lace, bralettes, overly strappy, or strapless allowed.
- (7) Socks No higher than ankle length.
- (7) Pants No tights, leggings, yoga or stretch pants, no strings, no torn or frayed pants, no fringe, no jewels, sequins, spikes or metal embroidery. All pants must be 5% or less spandex. If pants are deemed too stretchy or too tight, they will not be allowed.
- (7) Shorts Must be knee length, no strings, must be 5% spandex or less.
- (7) T-Shirts / Shirts No logo/decals that are suggestive of drug/alcohol use, sex, violence, skulls, gangs, cults, religious beliefs, sports teams, music groups, musicians, anime, or cartoons not appropriate for milieu. Shirts may not have spandex. No shirts with holes, tears, frays, or fringe, midriff bearing crop tops, shoulder bearing, no cut outs, no sleeveless, lace, or see through fabric. No sequins, oversize buttons, jewelry, spikes, or metal embroidery. No tank tops, spaghetti straps, or hoods. If shirts are deemed too stretchy or too tight, they will not be allowed.
- (7) Sweatshirts / Sweaters No strings or hoodies allowed.
- (7) Pajamas (2 tops and 2 bottoms) No strings or booty shorts. If pajamas are deemed too stretchy, too thin, or too tight, they will not be allowed.
- (2) Footwear No open toe footwear of any kind. No shoelaces, flip-flops, sandal slides, boots heels, or platform shoes. No shoes with rope or hemp material. No light up or wheelies shoes. Shower shoes may be one piece Crocs. Slippers are OK as long as they are not open toe. Slip on shoes are best
- (1) Jacket No strings or hoodies and seasonally appropriate.

# Personal Hygiene Items

# NO PUMPS OR GLASS ALLOWED, <u>NO ALCOHOL BASED PRODUCTS</u>, ALL ITEMS NEED TO HAVE APPROPRIATE LABELS OF CONTENT

# Number

# Allowed

## Item

- (1) Toothbrush No electronic or battery operated and no folding travel toothbrushes.
- (1) Toothpaste
- (1) Deodorant
- (1) Body Wash
- (1) Lotion
- (1) Brush Non Bristled brushes \*detangle combs are supplied to every patient\*
- (1) Shampoo



Number Allowed

<u>Item</u>

- (1) Conditioner
- (2) Hair Products No alcohol based or aerosol can items. Wigs or clip in extensions are not allowed.
- (2) Hair bands Patients may have 2 hair bands/ties in room at a time. Headbands (plastic OR cloth) not allowed. Extra are stored off unit.
- (1) Feminine Hygiene 1 box of pads \*No tampons\*

Floss is provided if necessary and has to be used at nurse station, floss sticks are not allowed. Acne Treatments are allowed and kept in the unit nurse station. No alcohol based products.

Nails – Acrylic or press-on nails are NOT allowed and will not be allowed in the building. Nail polish is not allowed.

Piercings and Jewelry – Piercings of any kind are not allowed and must be removed upon or before admission. You may use a SOFT plug, some spacers are provided. Jewelry and watches are not allowed.

# <u>Miscellaneous</u>

- (3) Stuffed Animals No oversized ones, no beaded parts or stuffing, no button or hard eyes or noses, no ribbons, removable clothes, or bows. Stuffed animals larger than approximately 10 inches tall are not allowed.
- (5) Books/Magazines Appropriate reading for age and treatment center. Nothing sexual, focused on drugs/alcohol, nothing descriptive of eating disorders, or self-harm. No anime or graphic novels/comics. Staples are not allowed on the units.
- (2) Journals Blank or free of any personal contact, or identifying information of anyone. No content that depicts sexual, violent, or inappropriate behavior, including drawings. Blank journals are also available through the therapists.
- (2) Coloring/Activity Books Appropriate for age and treatment center. No books that include skulls, weapons, or violent content.
- (2) Cards Appropriate artwork. Includes regular cards, UNO cards, and other card games. Colored Pencils / Markers are provided by the treatment center. All personal markers and pencils, including art pencils, will be returned to parent/guardian or stored in contraband.

Photos – Pictures are allowed from home, however they are not allowed to have any pictures that are sexually suggestive, show revealing clothing, unsafe behavior, or scenes of drug/alcohol or violent references. Pictures with boyfriends/girlfriends must be approved by therapists in order to ensure they are not treatment interfering.

Bedding – (2 blankets, 1 Pillow, 1 Pillowcase) No sheets are allowed as we supply these. Nothing ripped, no tassels or fringe (string). Blankets and pillows may not have zippers or stuffing that can be taken out. Foam pillows without a casing around them will not be allowed, this is separate from a pillowcase.



Seasonal – (1 each) Beanies and gloves are OK. No billed hats are allowed. Hats and gloves are ONLY allowed outside. No strings, tassels, yarn or decorative balls allowed. Scarves are not allowed.

Prescription Glasses are allowed. Glasses cases are allowed but will be kept in the nurse's station.

Retainers and Braces are allowed. Retainer cases are kept in the unit nurse station. Rubber bands and wax for braces are kept in the unit nurse station. Brace flossers are not allowed.

\*\*These items are subject to change and may be taken away based on safety concerns.\*\*

New belongings may be mailed to the resident and/or brought to the facility. New items must be checked in by the unit coordinators to ensure that patients have the allowable amount of belongings and to ensure new items are not contraband. If a patient is over the allowable limit, parents may trade out items and take them home. Willow Springs Center will mail items home that are not allowed if the parents are not able to pick them up. The check in process can take time and resident's items will be delivered to them after at least a 24-hour period. Patients are responsible for signing for their new items and if they refuse or are not able to when the unit coordinators are delivering the items, they will be stored in contraband. Patients are able to request these items again but will have to accept delivery when staff are able to deliver them or they will be returned to contraband until discharge. Patients are not allowed to lend or borrow items from each other. If an item is found to be shared regularly, that item will be placed in the patient's contraband until discharge. Donations are available for residents who may need them with permission from parents and their individual therapist. Willow Springs Center will provide bedding and hygiene products to any patient who may need them. Electronics, radios, razors, and phones are not allowed. Makeup and other cosmetic items like face/body scrubs/masks are not allowed. Willow Springs Center will provide art and school supplies.